

FCWCC Fit and Fabulous activities

Date	Name	Activity	Location
March 20th, 2010	all	weigh-in expo	Woodward Park - Time: 2pm-4pm 559-240-4079
March 27th, 2010	Lisa	Family BOOTCAMP come one come all	Woodward Park - Time: 8am-10am 559-240-4079
April 3rd, 2010	Pat	****Curves for Women - owner of Irene Nielsen-Sudaria	Pavilion West 2053 W. Bullard Ave. Fresno, CA 93711 - Time: 9:00am-10:00am.
April 10th, 2010	Jennifer	Fitness hour	Kaiser Park, Alluvial and Fresno Sreets Time:10-am -11am
April 17th, 2010	Gina	****Terrio Therapy-Fitness, Inc. www.myterrio.com	2960 E. Nees Ave., Fresno, CA 559-322-4103 Time: 9am-10am
April 24th, 2010	Lisa	activity and end of first mini contest	Starbuck's Friant/Ft Washington - Time: 9am - 10am
May 1st, 2010	Lisa	Fitness hour...Stay as long as you can, it will be fun	Starbuck's Friant/Ft Washington - Time: 9am - 10am
May 8th, 2010	Lisa	Family BOOTCAMP come one come all	Starbuck's Friant/Ft Washington - Time: 9am - 10am
May 15th, 2010	Gina	****Terrio Therapy-Fitness, Inc. www.myterrio.com	2960 E. Nees Ave., Fresno, CA 559-322-4103 Time: 9am-10am
May 22nd, 2010	Lisa	weigh-in for prize and activity	Starbuck's Friant/Ft Washington - Time: 9pm - 10pm
May 29th, 2010	Gina	3-mile walk at Monte Verde Friant/Willow	Monte Verde 12244 N. Via Tesoro, Clovis, CA 93619 Time: 9am-10am ish
June 5th, 2010	Jennifer	****Zumba activity	Location and Time: TBA
June 10th, 2010	Lisa	Weigh-out	Starbuck's Friant/Ft Washington - Time: 10am - 12pm
June 19th, 2010	Taylor	FCWCC night at the Grizzlies with winner	559-240-4079
June 22nd, 2010	fcwcc meeting	Recongize and award during membership meeting	National University Time: 11:30am - 1:30pm

NOTE ** MUST PRE-REGISTER TO ATTEND**

Please call should you have any questions, Lisa 559-240-4079