

GREAT START – for the Fresno County Women’s Chamber of Commerce
September 2009 Member Meeting

Our guest speakers have written a book called “Healing the Hero’s Heart” about working with the rescue workers after 9/11

Momentous Events

By Liesl Garner

There are moments carved out
of our lives that will stand
forever after as a testament
to the power of the human spirit.

Moments that would break us;
that should through regular Addition,
through whatever Natural Sciences
can prove – be more than we could
handle.

And yet – these are the moments
we look back on – we remember
exactly what was going on,
down to the minute details,
the smell in the air, the way
the light hit the buildings,
where we stood, who we clung to
in that moment. And though our
knees
may have buckled from the crush
of the weight of that moment, though
our tears burst from us in disbelief...

It is the moment after that captures
our essence – the moment, even in
the midst
of shock and despair, that we chose
with resolve not to shatter – the
moment
we reached for the strength hiding
behind our fractured heart
and *Called it Out* and made it
through
somehow. And here we are today,
forever altered, more willing to admit
our dependence on each other,
more aware of our frailty, our deep
need,
more able to see when someone
close by

is falling – more eager to lend a
hand,

Stronger than we
had any idea
we could be!

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GREAT END

How important it is for us to recognize
and celebrate our heroes and she-
roes!

[Maya Angelou](#)